



Psychiatry, Psychology & Social Work
A Therapeutic Coalition

The Autism Spectrum Clinic

**Professional Staff
Personal Attention**

**Comprehensive Services
Collaborative Interventions**



Counseling Connections

Dedicated to providing a full range of
quality services for families facing
Autism Spectrum Disorder

847-680-2715 Ext. 222

www.counselingconnections.net

Our Philosophy

The Autism Spectrum Clinic was developed to provide **professional quality comprehensive evaluation and treatment** services for individuals and families facing the issues that emerge with Autism Spectrum Disorders.

We believe that:

- through an accurate **multidisciplinary evaluation**
- followed by specific, **research based treatment interventions,**
- that are **specific to the unique concerns of the client**

individuals and families can make significant improvements in symptom reduction and quality of life.

Through our years of experience treating Autism Spectrum Disorders we have found that accurate evaluation and assessment procedures are essential to establishing a foundation for creating effective treatment interventions.

We have also found that treatment interventions are most effective when highly trained professionals work together as a team with the entire family, providing parenting strategies for parents, social and life skill training groups for clients, medical management for mood and behavior management, school consultations, and individual and family therapy for ongoing intervention and support.

Our Program

What is The Autism Spectrum Clinic?

The Autism Spectrum Clinic was specifically designed to provide comprehensive professional resources for children, adolescents, adults and their families who are facing the issues of Autism Spectrum Disorders.

How is the Clinic connected to Counseling Connections?

The Autism Spectrum Clinic is operated within our broader Counseling Connections clinic. Because of our **'Clinic within a Clinic'** model we are able to offer a wide range of Autism related services (see Services Provided) as well as professional expertise in co-morbid conditions such as Anxiety, ADHD, OCD, Depression, Bipolar Disorder and Tourettes.

How do I access services?

Typically a family would contact our Clinic through our central office (see Contact Information). They will be scheduled for an initial session with one of our professional staff to determine what resources and services are needed.

What if we are not sure of the diagnosis?

If a clear diagnosis has not been established this can be provided through a **Psychiatric Evaluation** that may also include **Psychological and/or Neuro-Psychological testing**. Once a diagnosis and related issues have been established the family will be informed of the recommendations of the Clinic for treatment options.

What if we know the diagnosis and just want treatment options?

Once a thorough review of individual and family history, previous treatment, academic performance and behavioral concerns have been established the Clinic will make recommendations for an **individualized treatment plan**. These options could include any or several of the services listed on the **Services Provided** page of this brochure.

Services Provided

All services at The Autism Spectrum Clinic are provided by experienced specialists trained in the specific needs of individuals with Autistic Spectrum Disorders.

- **Psychiatric Evaluations**
- **Medical Management**
- **Comprehensive Diagnostic Evaluations**
- **Psychological and Neuro-Psychological Testing**
- **Parent Consultation and Parent Group Support**
- **Individual and Family Therapy**
- **School Consultation**
- **After School Tutoring**
- **Social and Life Skills Groups**
- **Occupational Therapy Evaluations and Treatment**
- **Speech and Language Evaluations and Treatment**
- **Aspergers/High Functioning Autism Therapeutic Day School**
- **In-Home Observations and ABA Intervention referrals**

Our Staff

Our staff consists of Psychiatrists, Psychologists, Social Workers, Occupational Therapists, Speech and Language Therapists as well as other trained and experienced professional Autism specialists.

- **Shazia Tayyab, M.D. – Medical Director**

Dr. Tayyab is a Board Certified Child, Adolescent and Adult Psychiatrist. She completed her Child and Adolescent Fellowship at Children's Memorial Hospital where she was the Chief Resident. She is the Medical Director of New Connections Academy, a therapeutic day school for children and adolescents with High Functioning Autism and Aspergers Disorder.

- **Charlotte Edwards, Psy. D.– Clinical Director, Neuropsychologist**

Dr. Edwards is the Chief Clinical Consultant for New Connections Academy, a therapeutic day school for students with High Functioning Autism and Aspergers Disorder and has over 30 years of experience working with children adolescents, adults and families.

Additional staff providing a variety of groups, individual and family therapy, parent consultations, speech and language therapy, occupational therapy and psychological testing.

- **Christina Bailey, Psy. D.**
- **Sara Anderson, L.C.S.W.**
- **Carolyn Nam, L.C.S.W.**
- **Jennifer Underwood, L.C.S.W.**
- **Trisha Cohen, L.S.W.**
- **Danielle Sectzer, L.P.C.**
- **Susan Richey, MS, OTR/L, Registered Occupational Therapist, Sensory Integration Certified**
- **Chet Caruth, CCC-SLP/L Certified Speech Therapist**

Contacting Us and Clinic Service Locations



For scheduling an appointment and general information on Counseling Connection's **The Autism Spectrum Clinic** call 847-680-2715 ext. 222.

You may also visit our website at: www.counselingconnections.net and click the link to **The Autism Spectrum Clinic**.

Our office locations are:
31480 Hwy 45,
Libertyville, Illinois, 60048
847-680-2715

10 W. Philips Road, #102
Vernon Hills, Illinois 60061

For information on **New Connections Academy**, our Aspergers and High Functioning Autism Therapeutic Day School visit:
www.newconnectionsacademy.net